



CAL-EIDOSCOPE

Newsletter of the Evatt Calisthenics Club Incorporated

(The newsletter with the EDGE)

www.evattcalisthenics.org

Newsletter No. 3, August 2009

FROM THE PRESIDENT

Well third term has started with a bang by going straight into the mid year competitions. Congratulations to all our teams for some excellent performances.

We have a busy term ahead and will be looking ahead to the Championship Competitions at the end of September

David Perceval – President

CHAMPIONSHIP COMPS

The dates for Championship Comps are as follows:

- Tinies – 9.30am
Saturday 26 September
- Subbies – 9.30am
Saturday 19 September
- Juniors – 10.00am
Sunday 20 September
- Inters – 1.30pm
Saturday 26 September
- Seniors – 11.30am
Sunday 27 September

FROM THE TEAMS

How are things going with our teams at the moment? Well the best way to find out is to go straight to the source.

Tinies

After a slightly disruptive start to the year with coaches changing and having to constantly re-organise practices, the Tinies team is now on the right track and are looking fantastic! The girls have been working very hard; they are improving in leaps and bounds, and their coaches could not be any prouder of them! At the recent competition the girls managed to do all three of their core routines without any coach assistance - which is a great accomplishment for 3-6 yr olds. And even more exiting - they received Highly Commended for Free Exercises! Well done girls!

We would like to thank all of the Tinies Families for their support and encouragement. Your enthusiasm carries down to the girls and really helps make our job even more enjoyable.

In the coming weeks we will start learning our Character Folk - a routine full of challenging, energetic dance moves. We are positive the girls are up to the challenge and will love every minute of it - just as we will!

Lauren, Susie, Carly, Alexia & Maddie

Subbies

Both the Little Miss Giggles and Sunshines performed fantastically at the August competition! It was such a long day and we had a few of our girls sick on the day, so it was a fantastic effort by all.

A huge thank you to Helen Tewari for her excellent team managing, and too Kylie and Jillian for all their work with organising our costumes! Also a huge thank you to the parents for their continued support and the girls for working so hard! Keep up the good work!

Kirsty, Hannah, Catrin, Elise and Chelsea ☺

Juniors

The Evatt Juniors did an excellent job at the recent competition gaining 3rd place in March, Free ex, Rods and Aesthetic making them 3rd overall in the aggregate. Well done to all girls for the 100% effort shown on the day. A big thank you also to Karin and Jennie for their support, we couldn't do it without you!

Erin, Kari, Carly, Dani, Alexia and Susie

Inters

Congratulations to our fantastic Inters for their efforts and success at the CACTI Preliminary comps – Runner up to Karilee WooHoo!!! Thank you to Tanyel for stepping in to make our core 8.

Only 5 weeks to go until Championship comps and soon after, Ballarat. Thanks to all the girls for working so hard, not long

to go and all your efforts will pay off!

A BIG thank you to Kerry, Felicity and Jill for all their work on our costumes – it is greatly appreciated Ladies ☺

Lauren & Carli.

Seniors

Well done to our Senior team for a solid effort at mid-year comps. It was great to see the progress we've been making translate into some good results – especially a big second place in Rods. We need to keep up the effort – September is only a few short weeks away.

Mel

EVATT CONCERT AND PRESENTATION DAY

The Evatt Concert and presentation day is planned for the 7th November from 2pm at St Francis Xavier College Florey. The format will be a concert showcasing the best performances from all of our teams, followed by our annual presentation ceremony. Please keep this day free for your family to come along and celebrate the end of the calisthenics year with the girls.

END OF YEAR BBQ

The final function for the year will be a BBQ at Lake Ginninderra from 4.00pm on Saturday 21 November. This will be an informal evening to relax with a sausage and a drink, let the kids go mad in the park, and

to reflect on a great year. Hope you can make it.

WALK-A-THON

Evatt held its inaugural Walk-a-thon on Sunday 28 June. It was a resounding success, and despite some overcast conditions, had good participation.

Congratulations to Chelsea Newbery who raised the most funds for the walkathon. Second place went to Jemimah Canning.

A big thankyou to all who participated and raised funds for girls attending Ballarat and general fundraising for the Club. A big thankyou to Karin Hollings for organising the Walk-A-thon. It may become a regular item on the calendar and is a great way to meet other girls from the Club.

FEEES

Fee notices for the third fee instalment have been issued and are due on 17 August.

We encourage all families to consider making your payments via regular transfers by direct debit.

Our direct debit details are:

- BSB number: 062913
- Account Number: 010216547
- Account Name: Evatt Calisthenics

If you have not received an invoice or you have any questions please call our Treasurer Jennie Power on 62540215.

DATES FOR 2010

It's not yet over, but still it begins! We have received the dates for 2010 from CACTI. They are:

27 &28 March - Karilee Solo Comps

10/11/12 April - CACTI Preliminary Solos

21/22/23 May - CACTI Solo Championships

30 May - Evatt Camp

4/5/6 June - CACTI Rep Team Showcase

19/20 June - Deanne Comps.

7-10 July - National Calisthenics Championships (Canberra!)

24/25 &31 July/1 August - CACTI Team Comps

11/12 and 18/19 September - CACTI Championship Comps

NATIONALS

Congratulations to our ACT Representative teams who were so successful at the National Championships at the Gold Coast in July. Special congrats go to our Evatt girls, Tonya Whitney, Alecia Englehardt, Carli McMartin and Cathleen Gardner who did us proud.

We are really excited that the National Calisthenics Championships will be held in Canberra next July. CACTI is hoping to field teams in all age groups, so please consider trying

out – details of trials will be announced soon. It would be terrific to see lots of Evatt girls representing the ACT. If you want more information on what it means to be part of an ACT Representative team, we have many experienced people in the Club who can answer your questions. Talk to your coach in the first instance.

SPONSORSHIP

A reminder that as part of our sponsorship arrangements with the Belconnen Soccer Club, we have been offered the opportunity to sell raffle tickets once a month on their

meat raffle nights. This is a great opportunity to raise funds for the Club. A roster will be prepared sharing the duties amongst teams. Please help out when it your team's turn – we need your support.

SECOND HAND GEAR

Any second hand tracksuit tops to sell, please let Karin Hollings know. Also, if you are interested in ordering an Evatt Backpack, T-shirt or trackie pants, Karin can show you samples. Contact Karin on norfolkollings@netspeed.com.au.

IMPORTANT DATES for 2009

19/20 and 26/27 September	Championship Teams Competition
5 October	Ballarat Juniors Week (day to be advised)
19 October	Ballarat Seniors Week (day to be advised)
26 October	Ballarat Inters Week (day to be advised)
7 November	Evatt Concert and Presentation Day
21 November	End of year BBQ (from 4.00pm)

Training

Training times and venues are:

Tinies –	9.00am to 11.00am, Saturday – Florey Primary
Subbies –	4.00 to 7.00, Thursday – North Belconnen Baptist Church
Juniors –	5.00 to 8.00, Tuesday – Latham Primary
Inters –	5.30 to 8.30, Monday – Evatt Primary
Seniors –	6.30 to 9.00 – Wednesday – Florey Primary

EVATT CALISTHENICS CLUB INCORPORATED THANKS OUR MAJOR SPONSOR:



THE BELCONNEN SOCCER CLUB