



30th Anniversary
2007

CAL-EIDOSCOPE

Newsletter of the Evatt Calisthenics Club Incorporated

(The newsletter with the EDGE)

www.evattcalisthenics.org
Newsletter No. 3, May 2007

ACT REP TEAM

As you may be aware, the ACT will be represented by three teams at the 19th National Calisthenics Championships in Adelaide in July this year. We are very proud that we have 7 girls and one coach representing our Club in the ACT squad. They are:

Juniors – Tonya Witney
Inters – Kari Sharp and Hannah Webb
Seniors – Alison Flint, Melissa Smith, Cathleen Gardiner and Louise Heaton.
Erin Power is the Coach of the ACT Junior Team.

The girls are currently training very hard as they build towards July. Congratulations to Erin on her appointment and the girls for their selection. *Best of luck in Adelaide!* Let's hope the ACT can repeat the incredible successes of 2006!

CALISTHENICS SHOWCASE

Before the ACT Team departs for Adelaide, they will be "strutting their stuff" at a special performance at the Canberra Theatre. This gives people who can't make it to Adelaide the opportunity to see the ACT teams and

soloists in action, whilst also providing the teams with a full dress rehearsal.

The Calisthenics Showcase will be held at 4pm on Saturday 2 June 2007 at the Canberra Theatre. Tickets are \$22 per person and are available from Canberra Ticketing on 62752700.

Fliers for the event were distributed at class last week and you are encouraged to give them out to as many people as you can.

We are keen to see as many Evatt people there as possible, and are therefore offering a special deal for families whereby we will subsidise children's tickets by \$10. Please see details on the form that was handed out at class.

SOLO COMPETITIONS

We have had two solo competitions this year, the Karilee Solo Comp held in March and the CACTI Preliminary Solos Comp held on the last weekend of April. Evatt was represented by 20 Calisthenics Soloists; 4 Duo pairs and 11 Graceful soloists. We have already seen some great results and congratulate all competitors and their coaches on their performances.

The following results were achieved at Karilee:

Chelsea Newberry (Subbie Solo – HC);

Elise Webb (Junior Graceful – 3rd and Junior Duo – 1st);

Alexia Bayliss (Inter Graceful – HM);

Caitlyn Flint (Inter Graceful – 2nd)

Melissa Smith and Kari Sharp (Senior Duo – 2nd).

Results from CACTI Preliminary comp were:

Tonya Whitney (HM – Junior Cal Solo Div 2, 10 yrs)

Rachel Henderson and Phoebe Logan (HM – Subbie Cal Solo 6/7 yrs)

Jemimah Canning (2nd – Subbie Cal Solo, 8 yrs)

Chelsea Newbury (1st – Subbie Cal Solo, 9 yrs)

Elise Webb and Ashleigh Watson (3rd Junior Cal Duo)

Erin Miller (HC – Inter Cal Solo Div 2, 13 yrs)

Tanyel Yay (3rd – Inter Cal Solo Div 2, 14-16 yrs)

Kari Sharp (4th – Inter Cal Solo, Div 1)

Alexia Bayliss and Meg Phillips (3rd Inter Cal Duo)

Mel Smith and Kari Sharp (HC Senior Cal Duo)

Chelsea Newbury (1st Subbie Graceful)

Elise Webb (4th - Junior Graceful Div 2)

Alexia Bayliss (2nd, Inter Graceful, Div 2, 13 Yrs)

Carly Savona (3rd, Inter Graceful, Div 2, 13 yrs)

WELL DONE TO ALL
COMPETITORS AND COACHES!

A VERY BIG THANK YOU TO
THOSE WHO FULFILLED
EVATT'S DUTIES AT THE CACTI
COMP!

THANKS TO OUR COMPETITION
DELEGATES – JILL, JENNY,
KAREN AND CHRIS!

The Championship Competitions will be held at Erindale Theatre from 25-28 May – please consider coming out and supporting our competitors.

BUNNINGS BBQ

Thank you to all the people who helped out at the Bunnings Fund Raising BBQ. We are pleased to announce that we made a profit of \$1,350. We will let you know shortly how the funds will be spent.

NEW EVATT SUPPORTERS JUMPERS

After much demand from keen Evatt members, we are pleased to announce the introduction of new Evatt Supporters Jumper!



The jumper (above, second from left) is red, black and white and will have the Evatt logo. Price will be \$43.00 and orders are being taken NOW. Order forms (attached to the end of the newsletter) *and* payment must be returned in a clearly marked envelope “Evatt Supporters Jumper – Jill Hopkins” either directly to Jill or to your team manager or wardrobe person by Thursday 31 May. Please call Jill (6230 3857) if you need to discuss.

PLEASE NOTE: Team members are able to purchase jumpers, but they are

not to be worn when competing. Team tracksuits are to be worn when teams compete.

SKILLS 2007

The Australian Calisthenics Federation (ACF) holds a national examination scheme called Calisthenics Skills. The set syllabus is designed to develop an individual's Calisthenic skills. Evatt Calisthenics Club encourages its pupils to participate; usually from their second year of calisthenics onwards.

CACTI has announced the details for the Skills Program for 2007. **The five skills classes will be held on:**

Sunday 19 August
Sunday 26 August
Sunday 9 September
Sunday 16 September
Sunday 23 September
(venues to be determined)

1. The examinations will be held on Saturday 29 & Sunday 30 September .
2. The fees for the 2007 Calisthenics Skills program through CACTI are as follows:
Test 1 & Test 2 - \$55
Test 3 through to Grade 4 - \$75

The following table gives recommended ages for Calisthenics Skills.

Test 1:	6-7 years
Test 2:	7-8 years
Test 3:	9-10 years
Grade 1:	10-12 years
Grade 2:	12-14 years
Prep 3:	13-15 years
Grade 3:	14-16 years
Grade 4:	17 years

Enrolment forms will sent home soon. If you wish to participate in the 2007 Calisthenics Skills program, all enrolment forms and payment must be received by CACTI by the 29 June. Therefore you need to complete the form, enclose payment and send to class the week beginning 25 June in an envelope clearly marked CACTI Skills Program, Attention Kirsten Sharp. If you would like more information, please call Kirsten Sharp on 6258 4676 or ask your team manager or coach.

FEES

Fee notices for the second fee instalment have now been issued. If you are in a class and have not yet received a fee notice for the first installment, please contact the Treasurer. *This may mean that you are not registered and therefore not insured.* Any questions call David on 6258-0495.

IMPORTANT DATES for 2007

26 - 29 May	Championship Solo Competition
15 - 17 June	Deanne Competition
11 - 14 July	National Calisthenics Championships - Adelaide
4/5 and 11/12 August	Grading competition
31 August to 2 September	Brindabella Competition
8-9 September	Specialist Coaching Weekend (compulsory attendance) and Evatt 30th Anniversary Dinner
20 October	Family Fun day
28 October	Evatt Practice Concert
10/11 and 17/18 November	Championship Teams Competition
24 November	Presentation Day

**EVATT CALISTHENICS CLUB INCORPORATED THANKS OUR
MAJOR SPONSOR:**



THE SPORTS CLUB KALEEN

Where you really get that winning feeling!

Thought for the Day

"Experience shows that success is due less to ability than to zeal. The winner is he who gives himself to his work body and soul."

-- Charles Buxton, Author

Evatt supporter's Jumper – Order form

Name:

Class:

Phone Contact:

Sizes: Qty

Ladies

Small (Size 8 – half chest 50cm)

Medium (Size 10-12 half chest 52 cm)

Large (Size 14-16 half chest 56 cm)

XL (Size 18-20 half chest 60cm)

2XL (Size 22-24 half chest 64cm)

Mens

Small (half chest 53cm)

Medium (half chest 56 cm)

Large (half chest 59cm)

XL (half chest 62cm)

2XL (half chest 65 cm)

3XL (half chest 69 cm)

TOTAL

PAYMENT ENCLOSED

ORDERS AND PAYMENT MUST BE RECEIVED BY 31 MAY 2007

